



LOGIC BLOOM · PHYSICS · MECHANICS

Work, Power & Energy

Class 11 · JEE Main, JEE Advanced and NEET

One of the highest scoring chapters in Physics. Almost every question is solved by one idea: energy is never lost, only moved. This set builds that idea slowly, with a drawing for every concept and 15 fully worked numericals.

7 Sections

11 Diagrams

15 Worked Numericals

6 Advanced Challenge

NEET Marked

Fact Sheet

Logic Bloom

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learn science.*

Contents

1	Work	<i>what counts as work, and its sign</i>
2	Energy and the Work-Energy Theorem	<i>the shortcut that skips forces</i>
3	Potential Energy	<i>gravity, springs, and conservative forces</i>
4	Conservation of Energy	<i>the single most useful rule here</i>
5	Power	<i>how fast the work is done</i>
6	Collisions	<i>elastic, inelastic, and restitution</i>
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★	One-Page Fact Sheet	<i>every formula for revision day</i>

How to Read This Set

- This chapter is worth marks in **all three** exams. So it is built to JEE Advanced depth.
- Each section carries a badge. It tells a NEET student what they still need.
- Most of the text is in points, not paragraphs. Read the points, then study the drawing.
- Every numerical answer here was checked by computer before printing.



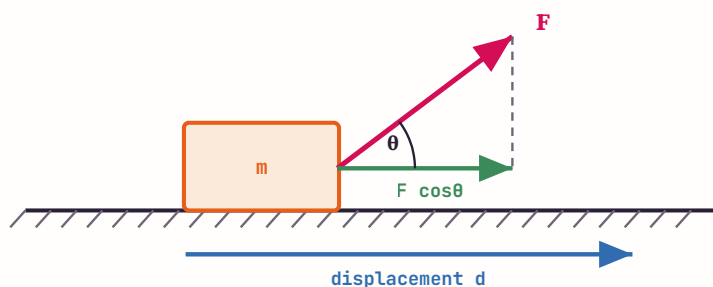
THINK IT
THROUGH

ONE IDEA RUNS THROUGH THE WHOLE CHAPTER

- Energy is never created or destroyed.
- It only changes form, or moves from one body to another.
- So most questions become: where did the energy start, and where did it end up?
- Once you can answer that, the algebra is easy.

IN NEET AND JEE

- In physics, work needs **two** things: a force, and movement along that force.
- Push a wall all day. Nothing moves. You have done zero work.
- Work is a **scalar**. It has size and sign, but no direction.
- The SI unit is the **joule (J)**. $1 \text{ J} = 1 \text{ N} \times 1 \text{ m}$.



Only the part of F ALONG d
does work.
 $W = F d \cos \theta$

The sideways part $F \sin \theta$
lifts nothing here, so it
does no work at all.

Only the part of the force along the movement does work. The sideways part does none.

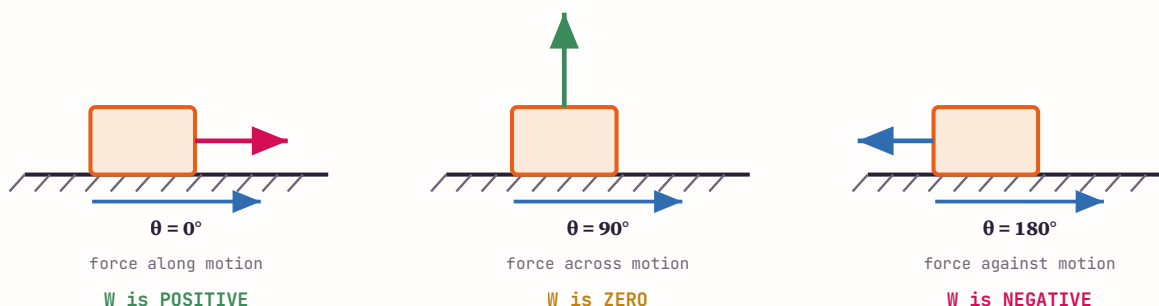
WORK DONE BY A CONSTANT FORCE

$$W = \vec{F} \cdot \vec{d} = F d \cos \theta$$

θ is the angle between the force and the displacement.

The sign tells you the story

THE SIGN OF WORK IS SET BY THE ANGLE



Three angles, three signs. The angle between force and movement decides everything.

- **Positive work** adds energy to the body. It speeds up.
- **Negative work** takes energy away. It slows down.
- **Zero work** means the force is at right angles to the motion.
- Friction usually does negative work. It points against the sliding.

THREE FORCES THAT OFTEN DO ZERO WORK

- The **normal force** on a block sliding along the floor. It is at 90° .
- The **tension** in a string as a stone whirls in a circle. Also 90° .
- **Gravity** on a bag you carry level across a room.
- Carrying a heavy bag feels tiring, but the physics work is zero.



▶ PLAY

NOT SURE WHEN WORK IS ZERO?

Turn the force and watch the work change sign.

Drag the arrow around and see W go from positive, through zero, to negative. The $\cos\theta$ in the formula stops being something you memorise.
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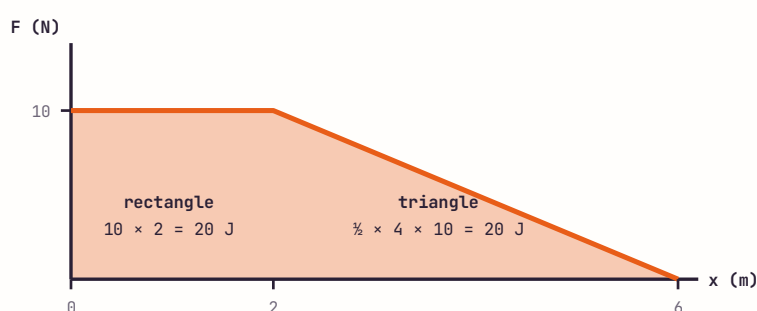
SCAN

Work by a Changing Force

JEE MAIN AND ADVANCED

- The formula $W = Fd \cos\theta$ works only when F is **constant**.
- Springs, gravity far from Earth, and many real forces change as you move.
- Then you must add up the work in tiny steps.
- On a force against distance graph, that sum is simply the **area** under the curve.

FORCE THAT CHANGES: WORK IS THE AREA UNDER THE GRAPH



TOTAL WORK
 $20 + 20 = 40$ J

For a curve, the area becomes an integral.

Split the area into shapes you know. A rectangle plus a triangle here gives 40 J.

WORK DONE BY A VARIABLE FORCE

$$W = \int_{x_1}^{x_2} F dx = \text{area under the } F\text{-}x \text{ graph}$$

HOW TO READ THE GRAPH SAFELY

- Area **above** the x -axis is positive work.
- Area **below** the x -axis is negative work.
- Add them with their signs. Do not just add the sizes.
- For straight lines, break the shape into rectangles and triangles.



THINK IT
THROUGH

IN NEET AND JEE

- **Kinetic energy** is the energy a body has because it is moving.
- It is always positive. It never has a direction.
- Double the speed and the kinetic energy becomes **four** times larger.
- This is why stopping distance grows so fast with speed.

KINETIC ENERGY

$$K = \frac{1}{2}mv^2 = \frac{p^2}{2m}$$

WORK-ENERGY THEOREM: NET WORK CHANGES KINETIC ENERGY

$$W(\text{net}) = \frac{1}{2}m v^2 - \frac{1}{2}m u^2 = \Delta K$$



The net work done on a body equals its change in kinetic energy. Nothing else is needed.

WORK-ENERGY THEOREM

$$W_{\text{net}} = K_f - K_i = \Delta K$$

- This is the big shortcut of the chapter.
- You do not need to know the force at every instant.
- You do not need the time taken either.
- You only need the speed at the start and at the end.



USE THE NET WORK, NOT ONE FORCE

- $W(\text{net})$ means the work of **every** force added together.
- Include friction. Include gravity. Include the applied force.
- A common slip is to use only the applied force and forget friction.
- If the body speeds up, $W(\text{net})$ must come out positive.

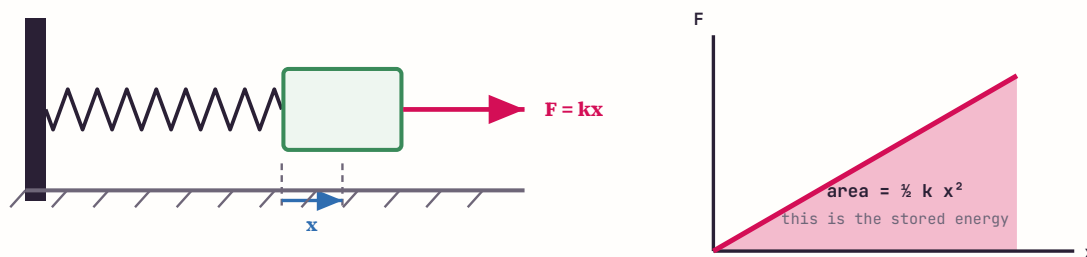
IN NEET AND JEE

- **Potential energy** is stored energy. It depends on position, not on speed.
- Lift a book and you store energy in it. Let go and that energy returns.
- Stretch a spring and you store energy in the spring.
- Potential energy is always measured from a level **you** choose.

THE TWO YOU NEED

$$U_{\text{gravity}} = mgh \quad U_{\text{spring}} = \frac{1}{2}kx^2$$

A SPRING STORES ENERGY AS YOU STRETCH IT

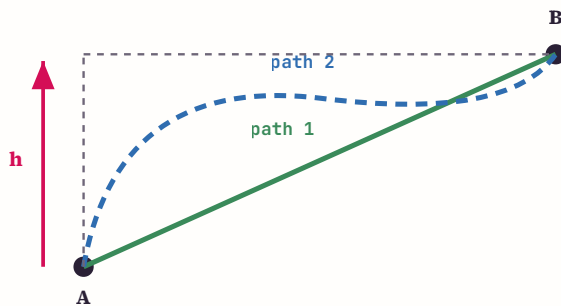


The spring force grows as you stretch it. The stored energy is the triangular area under the line.

- A spring pulls back with force $F = kx$, where k is the spring constant.
- The stored energy is $\frac{1}{2}kx^2$, not kx^2 .
- Stretching from 10 cm to 20 cm costs **three times** more than the first 10 cm.
- That is because energy depends on x squared, not on x .

Conservative and non-conservative forces

GRAVITY DOES NOT CARE WHICH PATH YOU TAKE



Both paths: $W = -mgh$
Only the HEIGHT matters.

Friction is different. A longer path always costs more, so its work depends on the route.

Gravity does the same work along both paths. Only the change in height matters.

- A **conservative** force does the same work whichever path you take.
- Gravity and the spring force are conservative. So we can define a potential energy for them.
- A **non-conservative** force depends on the path. Friction is the main one.
- A longer path always means more heat lost to friction.



THINK IT
THROUGH

WHY FRICTION HAS NO POTENTIAL ENERGY

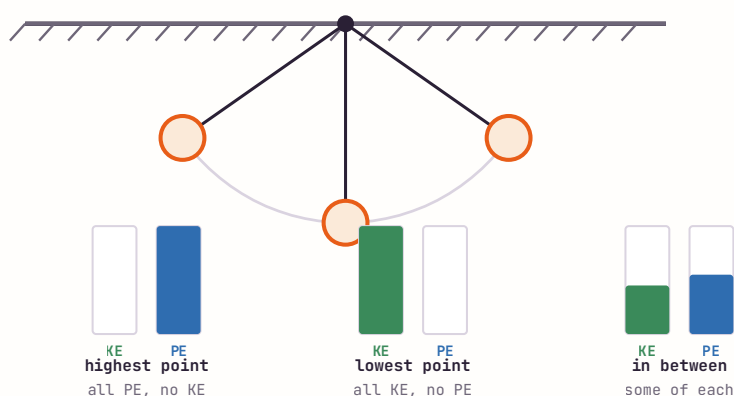
- Potential energy means the energy can be fully returned.
- A stretched spring gives back everything you put in.
- Friction turns the energy into heat and sound.
- That heat spreads out and cannot be pulled back. So there is nothing to store.

Conservation of Mechanical Energy

IN NEET AND JEE

- Mechanical energy is kinetic plus potential: $E = K + U$.
- If only conservative forces act, E stays the **same** throughout the motion.
- So kinetic energy and potential energy simply trade places.
- This turns many hard problems into one line of algebra.

A SWINGING PENDULUM TRADES ONE ENERGY FOR THE OTHER



KE + PE stays
the same the
whole time.

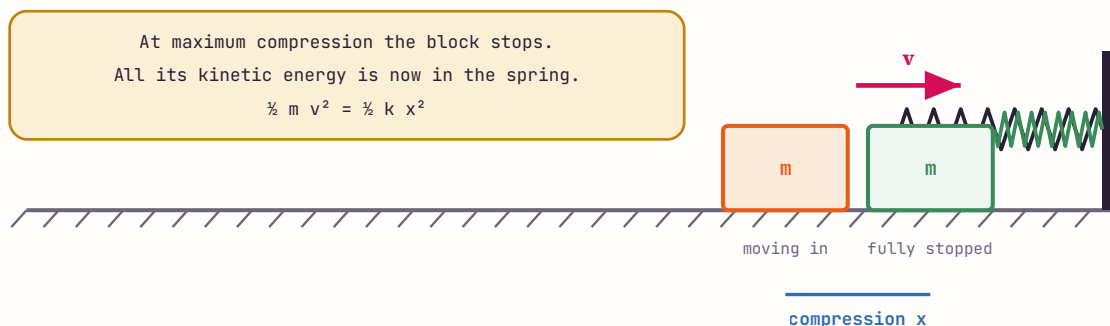
A pendulum trades potential for kinetic and back again. The two bars always add to the same total.

CONSERVATION OF MECHANICAL ENERGY

$$K_i + U_i = K_f + U_f$$

valid only when no friction or other non-conservative force acts

KINETIC ENERGY TURNS INTO SPRING ENERGY



A moving block stops when all its kinetic energy has gone into the spring.

- Falling from height h : $v = \sqrt{(2gh)}$. The mass cancels out.
- A block hitting a spring: $\frac{1}{2}mv^2 = \frac{1}{2}kx^2$ at maximum compression.
- At maximum compression the block is momentarily **at rest**.
- A pendulum released from height h reaches the same speed as a free fall from h .

WHEN FRICTION IS PRESENT, ENERGY IS NOT CONSERVED

- Mechanical energy drops. The lost part becomes heat.
- Use this instead: $K_i + U_i + W_{\text{friction}} = K_f + U_f$
- $W(\text{friction})$ is negative, so it eats into the total.
- Total energy of the universe is still conserved. Only the mechanical part falls.



TRAP ALERT



▶ PLAY

ENERGY BARS NOT CLICKING?

Slide the pendulum and watch the two bars swap.

Move the bob to any angle and see kinetic and potential energy trade in real time. The total bar never changes height, which is the whole idea.

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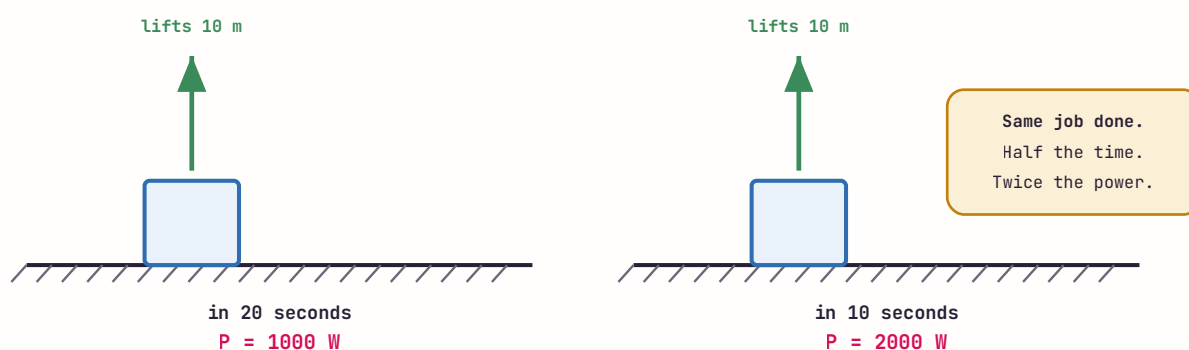


SCAN

IN NEET AND JEE

- **Power** is the rate of doing work. It answers: how fast?
- Two people can do the same work. The faster one has more power.
- The SI unit is the **watt** (W). $1 \text{ W} = 1 \text{ J/s}$.
- 1 horsepower = 746 W. $1 \text{ kWh} = 3.6 \times 10^6 \text{ J}$, and it is a unit of **energy**, not power.

SAME WORK, DIFFERENT TIME: THAT IS POWER



The same job done in half the time needs twice the power.

POWER, THREE WAYS

$$P_{avg} = \frac{W}{t} \quad P_{inst} = \frac{dW}{dt} = \vec{F} \cdot \vec{v}$$

- Use $\mathbf{P} = \mathbf{Fv}$ when a body moves at steady speed against a resisting force.
- A car at constant speed: the engine power equals resistance $\times$ speed.
- For a pump lifting water: useful power = mgh / t .
- If efficiency is given, input power = useful power / efficiency.

KWH IS ENERGY, NOT POWER

- Your electricity bill is in kilowatt-hours.
- A kWh is power $\times$ time, so it measures **energy used**.
- A 1000 W heater run for 1 hour uses 1 kWh.
- Calling it a unit of power is a common exam trap.



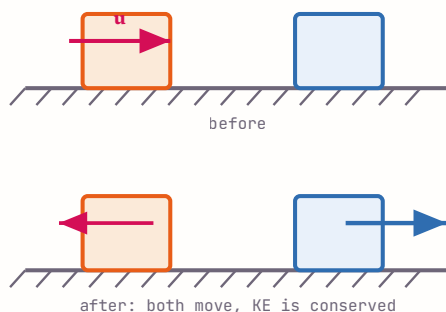
TRAP ALERT

IN NEET AND JEE

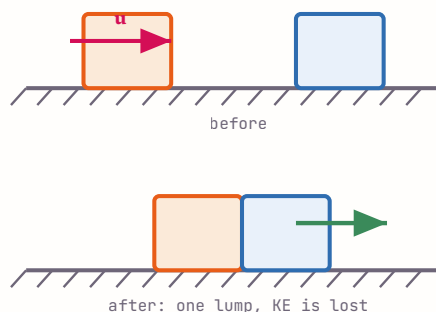
- In every collision, **momentum is conserved**. This is always true.
- Kinetic energy is a different matter. It may or may not be conserved.
- That single difference splits collisions into two types.
- Always write the momentum equation first. It never fails you.

TWO KINDS OF HEAD-ON COLLISION

ELASTIC: they bounce apart



PERFECTLY INELASTIC: they stick



Momentum is conserved in BOTH. Kinetic energy is conserved only in the elastic one.

Momentum is conserved in both. Kinetic energy survives only the elastic one.

- **Elastic:** kinetic energy is conserved. The bodies bounce apart.
- **Inelastic:** some kinetic energy becomes heat and sound.
- **Perfectly inelastic:** the bodies stick and move as one. Energy loss is largest here.
- Real collisions are almost always somewhere in between.

HEAD-ON ELASTIC COLLISION, ONE DIMENSION

$$v_1 = \frac{m_1 - m_2}{m_1 + m_2} u_1 + \frac{2m_2}{m_1 + m_2} u_2$$

$$v_2 = \frac{m_2 - m_1}{m_1 + m_2} u_2 + \frac{2m_1}{m_1 + m_2} u_1$$



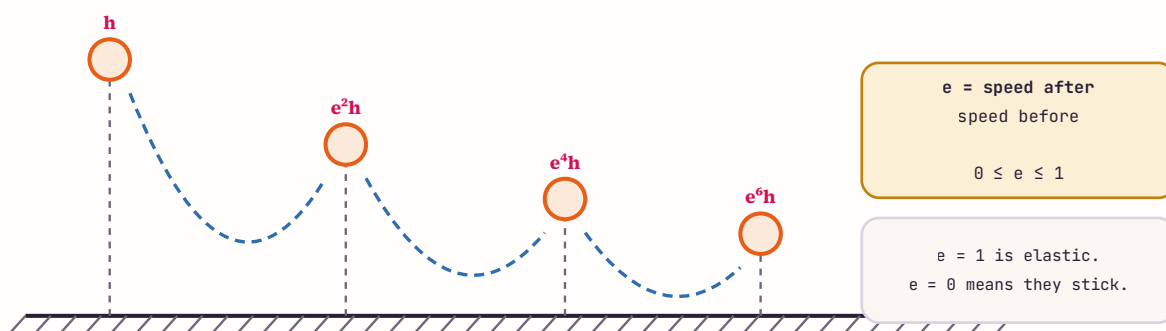
THINK IT
THROUGH

THREE CASES WORTH MEMORISING

- **Equal masses:** they simply **swap** velocities.
- **Heavy hits light at rest:** the heavy one carries on, the light one shoots off at nearly $2u$.
- **Light hits heavy at rest:** the light one bounces straight back at nearly the same speed.
- These three cover a large share of the objective questions asked.

Coefficient of restitution

EVERY BOUNCE IS SHORTER BY THE SAME FACTOR



Each bounce reaches e squared times the height before it. The pattern never changes.

COEFFICIENT OF RESTITUTION

$$e = \frac{\text{speed of separation}}{\text{speed of approach}} = \frac{v_2 - v_1}{u_1 - u_2}$$

- $e = 1$ is perfectly elastic. $e = 0$ is perfectly inelastic.
- A ball dropped from h rebounds to e^2h .
- After n bounces the height is $e^{2n}h$.
- Total distance travelled before stopping is $h(1+e^2)/(1-e^2)$.

ENERGY LOST IN A PERFECTLY INELASTIC COLLISION

$$\Delta K = \frac{m_1 m_2}{2(m_1 + m_2)} (u_1 - u_2)^2$$

Important Questions

Fifteen numericals, tagged by exam. They rise in difficulty. Try each one before reading the working.

Q1 Four forces, one block

NEET

A 10 kg block is pulled 10 m along a rough floor by a 50 N force at 37° above the horizontal. Take $\mu = 0.2$ and $g = 10$. Find the work done by each force, and the final speed from rest. ($\sin 37^\circ = 0.6$, $\cos 37^\circ = 0.8$)

CORE Find the normal force first. The upward part of F lightens the block, so N is not mg .

WORKING

$$N = mg - F \sin \theta = 100 - 30 = 70 \text{ N} \Rightarrow f = 0.2(70) = 14 \text{ N}$$

$$W_F = (50 \cos 37^\circ)(10) = 400 \text{ J}, \quad W_{\text{friction}} = -140 \text{ J}$$

$$W_{\text{gravity}} = W_{\text{normal}} = 0 \Rightarrow W_{\text{net}} = 260 \text{ J}$$

$$\frac{1}{2}mv^2 = 260 \Rightarrow v = 7.2 \text{ m/s}$$

TRAP N is 70 N, not 100 N. The lifting part of the force reduces it. Using mg gives $f = 20 \text{ N}$ and a wrong answer throughout.

Q2 Work from a graph

JEE MAIN

A force acts along the x -axis. It stays at 10 N from $x = 0$ to $x = 2 \text{ m}$. It then falls in a straight line to zero at $x = 6 \text{ m}$. Find the total work done.

CORE Work is the area under the force against distance graph. Split it into a rectangle and a triangle.

WORKING

$$\text{rectangle} = 10 \times 2 = 20 \text{ J}$$

$$\text{triangle} = \frac{1}{2} \times 4 \times 10 = 20 \text{ J}$$

$$W = 40 \text{ J}$$

TRAP You cannot use $W = Fd$ here, because F changes. Taking an average force works only when the change is linear, which it is in the second part but not overall.

Q3 Stopping a bullet

NEET

A 10 g bullet moving at 200 m/s is stopped by a wooden block after going 20 cm into it. Find the average resistive force.

CORE Use the work-energy theorem. The resistive force removes all the kinetic energy.

WORKING

$$K_i = \frac{1}{2}(0.01)(200)^2 = 200 \text{ J}$$

$$W_{\text{resist}} = -200 = -F(0.20) \Rightarrow F = \mathbf{1000 \text{ N}}$$

TRAP Convert grams to kilograms and centimetres to metres first. Leaving the mass as 10 makes the answer 1000 times too large.

Q4 The second stretch costs more

JEE MAIN

A spring has $k = 200 \text{ N/m}$. Find the work needed to stretch it from 0 to 10 cm, then from 10 cm to 20 cm. Compare them.

CORE Use $U = \frac{1}{2}kx^2$ and take the difference. Energy depends on x squared.

WORKING

$$W_1 = \frac{1}{2}(200)(0.1)^2 = \mathbf{1 \text{ J}}$$

$$W_2 = \frac{1}{2}(200)[(0.2)^2 - (0.1)^2] = \mathbf{3 \text{ J}}$$

TRAP The second 10 cm costs three times as much, not the same. Equal stretches never need equal work, because the force keeps growing.

Q5 Block meets spring

JEE MAIN

A 2 kg block slides at 4 m/s on a smooth floor and hits a spring of $k = 800 \text{ N/m}$. Find the maximum compression.

CORE At maximum compression the block has stopped. All its kinetic energy is now in the spring.

WORKING

$$\frac{1}{2}mv^2 = \frac{1}{2}kx^2 \Rightarrow x = v\sqrt{\frac{m}{k}}$$

$$x = 4\sqrt{\frac{2}{800}} = \mathbf{0.2 \text{ m}}$$

TRAP The block is at rest at maximum compression, but its acceleration is largest there. Zero speed does not mean zero force.

Q6 Pendulum at the bottom

NEET

A pendulum of length 2 m is released from rest with the string horizontal. Find the speed of the bob at the lowest point. Take $g = 10$.

CORE Only gravity and tension act. Tension does no work, so mechanical energy is conserved.

WORKING

$$mgL = \frac{1}{2}mv^2 \Rightarrow v = \sqrt{2gL}$$

$$v = \sqrt{2(10)(2)} = \mathbf{6.3 \text{ m/s}}$$

TRAP The mass cancels, so a heavy bob and a light bob arrive at the same speed. The tension never appears, because it is always at 90° to the motion.

Q7 Down a rough slope

JEE MAIN

A block starts from rest and slides 5 m down a 30° incline with $\mu = 0.25$. Find its speed at the bottom. Take $g = 10$.

CORE Mechanical energy is not conserved here. Subtract the work done against friction.

WORKING

$$mgL\sin\theta - \mu mgL\cos\theta = \frac{1}{2}mv^2$$

$$v = \sqrt{2gL(\sin\theta - \mu\cos\theta)} = \sqrt{2(10)(5)(0.5 - 0.2165)}$$

$$v = \mathbf{5.3 \text{ m/s}}$$

TRAP Without friction the answer would be 7.07 m/s. Forgetting the friction term is the standard error. Note the mass cancels again.

Q8 Power of a pump

NEET

A pump lifts 200 kg of water through 10 m in 20 s. Its efficiency is 80%. Find the useful power and the input power. Take $g = 10$.

CORE Useful power is the work against gravity divided by time. Input power is larger because of losses.

WORKING

$$P_{\text{useful}} = \frac{mgh}{t} = \frac{200(10)(10)}{20} = \mathbf{1000 \text{ W}}$$

$$P_{\text{input}} = \frac{1000}{0.8} = \mathbf{1250 \text{ W}}$$

TRAP Divide by the efficiency, never multiply. The input must always be bigger than the useful output, so if your answer is smaller, you have divided the wrong way.

Q9 Car at steady speed

JEE MAIN

A car moves at a constant 20 m/s against a total resistance of 500 N. Find the power delivered by the engine.

CORE Constant speed means zero acceleration. So the driving force exactly equals the resistance.

WORKING

$$F = 500 \text{ N}, \quad P = Fv = 500 \times 20 = \mathbf{10 \text{ kW}}$$

TRAP The mass of the car is not needed at all. It is given only to tempt you into using it. At constant speed the net force is zero.

Q10 Power grows with time

JEE MAIN

A constant 20 N force pulls a 5 kg block from rest on a smooth floor. Find the instantaneous power at $t = 3$ s, and the average power over those 3 s.

CORE Force is constant but speed is not. So instantaneous power keeps rising.

WORKING

$$a = \frac{F}{m} = 4 \text{ m/s}^2 \Rightarrow v = at = 12 \text{ m/s}$$

$$P_{\text{inst}} = Fv = 20 \times 12 = \mathbf{240 \text{ W}}$$

$$P_{\text{avg}} = \frac{W}{t} = \frac{F \cdot \frac{1}{2}at^2}{t} = \mathbf{120 \text{ W}}$$

TRAP Average power is not the same as instantaneous power. Here the average is exactly half, because the speed rose linearly from zero.

Q11 Equal masses, elastic

NEET

A 1 kg ball moving at 6 m/s hits an identical ball at rest head-on. The collision is perfectly elastic. Find both velocities afterwards.

CORE For equal masses in a perfectly elastic head-on collision, the two simply exchange velocities.

WORKING

$$v_1 = \frac{m_1 - m_2}{m_1 + m_2} u_1 = 0, \quad v_2 = \frac{2m_1}{m_1 + m_2} u_1 = u_1$$

$$\mathbf{v_1 = 0 \text{ m/s}, \quad v_2 = 6 \text{ m/s}}$$

TRAP The first ball stops completely. This is why a Newton's cradle works. Both momentum and kinetic energy check out, which no other pair of answers does.

Q12 Unequal masses, elastic

JEE MAIN

A 2 kg body moving at 10 m/s hits a 3 kg body at rest head-on and elastically. Find both velocities afterwards.

CORE Apply the standard elastic formulas, then verify with momentum and kinetic energy.

WORKING

$$v_1 = \frac{2-3}{5}(10) = -2 \text{ m/s}, \quad v_2 = \frac{2(2)}{5}(10) = 8 \text{ m/s}$$

$$\text{check } p: 20 = 2(-2) + 3(8) = 20 \checkmark$$

$$\text{check } K: 100 = \frac{1}{2}(2)(4) + \frac{1}{2}(3)(64) = 100 \checkmark$$

TRAP The minus sign means the lighter body bounces back. A lighter body always rebounds when it hits a heavier one at rest. Always run the two checks.

Q13 Counting the bounces

JEE MAIN

A ball is dropped from 5 m onto a floor with $e = 0.8$. Find the height after the first and second bounces, and the total distance it travels before coming to rest.

CORE Each bounce multiplies the height by e squared. The total path is a geometric series.

WORKING

$$h_1 = e^2 h = 0.64(5) = 3.2 \text{ m}, \quad h_2 = e^4 h = 2.05 \text{ m}$$

$$\text{total} = h \frac{1+e^2}{1-e^2} = 5 \left(\frac{1.64}{0.36} \right) = 22.8 \text{ m}$$

TRAP The height falls by e^2 each time, not by e . The total distance is finite even though the number of bounces is infinite, which surprises most students.

Q14 How much energy is lost

JEE MAIN

A 4 kg body moving at 5 m/s strikes a 6 kg body at rest. They stick together. Find their common velocity and the kinetic energy lost.

CORE Momentum is conserved. Kinetic energy is not, so find it before and after and take the difference.

WORKING

$$v = \frac{m_1 u_1}{m_1 + m_2} = \frac{4(5)}{10} = 2 \text{ m/s}$$

$$K_i = 50 \text{ J}, \quad K_f = \frac{1}{2}(10)(4) = 20 \text{ J}$$

$$\Delta K = 30 \text{ J lost, which is } 60\%$$

TRAP Never apply conservation of kinetic energy to a sticking collision. The shortcut formula $m_1 m_2 (u_1 - u_2)^2 / 2(m_1 + m_2)$ gives the same 30 J.

Q15 The ballistic pendulum

JEE MAIN

A 20 g bullet moving at 300 m/s embeds itself in a 2 kg block hanging from a string. Find how high the block rises. Take $g = 10$.

CORE This is two separate stages. Momentum for the collision, then energy for the swing. Never mix them.

WORKING

$$\text{stage 1, momentum: } (0.02)(300) = (2.02)V \Rightarrow V = 2.97 \text{ m/s}$$

$$\text{stage 2, energy: } \frac{1}{2}(2.02)V^2 = (2.02)gh$$

$$h = \frac{V^2}{2g} = 0.44 \text{ m}$$

TRAP Using energy conservation for stage 1 is wrong, because the bullet embeds and loses energy. Using momentum for stage 2 is also wrong, because gravity acts. Each stage needs its own rule.

JEE ADVANCED MAINLY

- Six problems at genuine JEE Advanced level. Expect 5 to 8 minutes each.
- Each one needs **two or more ideas joined together**, not one formula.
- Two use real Advanced formats: one multiple-correct, one numerical answer.
- Every assumption is stated in the question, as a real Advanced paper does.

THINK IT
THROUGH

WHAT MAKES A PROBLEM ADVANCED, NOT MAIN

- A Main problem tells you which idea to use. You then do the algebra.
- An Advanced problem hides the idea. Finding it **is** the problem.
- In A2 below, the whole question turns on one hidden fact: at maximum compression both blocks move at the same speed.
- Spot that and it takes two lines. Miss it and there is no way in.

A1 The engine that cannot pull hard at speed

JEE ADV

NUMERICAL

A car of mass 1000 kg has an engine giving a **constant power** of 40 kW. It starts from rest on a level road. Ignore friction and air resistance. Find its speed 25 s later. **Give your answer in m/s, correct to two decimal places.**

CORE Constant power means the force is **not** constant. As v grows, $F = P/v$ falls. So you cannot use the equations of motion. Start from Newton's second law and separate the variables.

WORKING

$$P = Fv = m \frac{dv}{dt} v \Rightarrow \int_0^v mv dv = \int_0^t P dt$$

$$\frac{1}{2}mv^2 = Pt \Rightarrow v = \sqrt{\frac{2Pt}{m}}$$

$$v = \sqrt{\frac{2(40000)(25)}{1000}} = \sqrt{2000} = \mathbf{44.72 \text{ m/s}}$$

TRAP Using $v = u + at$ is the trap, and it needs a constant force. Note the neat side result: $\frac{1}{2}mv^2 = Pt$ says the whole energy delivered has become kinetic energy, which you could also have written down directly from the work-energy theorem.

A2 A spring caught between two blocks

JEE ADVANCED

A 2 kg block slides at 6 m/s along a frictionless floor. A light spring of $k = 1000 \text{ N/m}$ is fixed to its front face. It strikes a stationary 4 kg block. Find the **maximum compression** of the spring.

CORE Compression is largest at the instant the two blocks stop approaching each other. At that moment they move with the **same velocity**. Use momentum to find it, then energy for the rest.

WORKING

$$\text{momentum: } (2)(6) = (2 + 4)v \Rightarrow v = 2 \text{ m/s}$$

$$\text{energy: } \frac{1}{2}(2)(6)^2 = \frac{1}{2}(6)(2)^2 + \frac{1}{2}kx^2$$

$$36 = 12 + 500x^2 \Rightarrow x = \mathbf{0.22 \text{ m}}$$

TRAP Setting the first block's whole 36 J into the spring gives 0.27 m and is wrong, because the second block is moving too and keeps 12 J. This is the same hidden step as a perfectly inelastic collision, except here the energy is stored instead of lost.

A3 The chain that pulls itself off the table

JEE ADVANCED

A uniform chain of length 3 m lies on a frictionless table. One third of it hangs over the edge. It is released from rest. Find the speed of the chain as the last link leaves the table. Take $g = 10$.

CORE The mass is spread out, so track the **centre of mass** of the hanging part, not one point. Compute the potential energy at the start and at the end, and let energy conservation do the rest.

WORKING

start: hanging mass $\frac{M}{3}$, its centre $\frac{L}{6}$ below the edge

$$U_i = -\frac{M}{3}g\frac{L}{6} = -\frac{MgL}{18}, \quad U_f = -Mg\frac{L}{2}$$

$$\frac{1}{2}Mv^2 = \frac{MgL}{2} - \frac{MgL}{18} = \frac{4MgL}{9}$$

$$v = \sqrt{\frac{8gL}{9}} = \sqrt{\frac{8(10)(3)}{9}} = \mathbf{5.16 \text{ m/s}}$$

TRAP Treating the hanging third as a point mass at the edge gives zero drop and no answer at all. The mass M cancels, so the chain's weight never mattered. Only its length did.

A4 Slide down, then squash a spring

JEE ADVANCED

A 2 kg block is released from rest on a rough incline of 30° , with $\mu = 0.25$. It slides 4 m along the incline before touching an unstretched spring of $k = 500 \text{ N/m}$ lying along the slope. Find the maximum compression. Take $g = 10$.

CORE Friction acts over the **whole path**, including the part while the spring is being squashed. So the distance in the friction term is $(4 + x)$, not 4. That makes the equation a quadratic.

WORKING

$$mgsin\theta(d+x) - \mu mg\cos\theta(d+x) = \frac{1}{2}kx^2$$

$$(10 - 4.33)(4+x) = 250x^2 \Rightarrow 250x^2 - 5.67x - 22.68 = 0$$

$$x = \mathbf{0.31 \text{ m}}$$

TRAP Using a friction distance of 4 m instead of $(4 + x)$ is the classic error here. Friction depends on the **path length travelled**, never on the displacement. Gravity is the opposite, and that contrast is exactly what the question is testing.

A5 Which statements survive

JEE ADV

MULTIPLE CORRECT

A ball strikes an identical stationary ball head-on. The coefficient of restitution is $e = 0.5$. **One or more** of the following are correct. Identify all of them.

- (A) Both balls move forward after the collision
- (B) The first ball ends with one third of the speed of the second
- (C) The fractional loss of kinetic energy is 37.5%
- (D) The first ball rebounds backwards

CORE Write the two conditions: momentum conservation, and the definition of e . Solve them together, then test each statement against the result.

WORKING

$$u = v_1 + v_2 \quad \text{and} \quad v_2 - v_1 = eu = 0.5u$$

$$v_1 = 0.25u, \quad v_2 = 0.75u$$

$$\frac{K_f}{K_i} = \frac{(0.25)^2 + (0.75)^2}{1} = 0.625 \Rightarrow \text{loss} = 37.5\%$$

A, B and C are correct

TRAP (D) fails: both velocities came out positive, so nothing rebounds. A body only rebounds when it strikes something **heavier**. The general result is worth carrying: for equal masses the fractional energy loss is $(1 - e^2)/2$, which gives 37.5% at $e = 0.5$.

A6 Why they always separate at a right angle

JEE ADVANCED

A moving ball collides **obliquely and elastically** with an identical stationary ball. Both are smooth. Prove that after the collision the two velocities are at 90° to each other.

CORE Write momentum as a **vector** equation and energy as a scalar one. Then square the vector equation and compare the two.

WORKING

$$\text{momentum: } \vec{u} = \vec{v}_1 + \vec{v}_2$$

$$\text{energy (elastic): } u^2 = v_1^2 + v_2^2$$

$$\text{square the first: } u^2 = v_1^2 + v_2^2 + 2\vec{v}_1 \cdot \vec{v}_2$$

$$\Rightarrow \vec{v}_1 \cdot \vec{v}_2 = 0 \Rightarrow \text{the angle is } 90^\circ$$

TRAP This holds only for **equal masses** and only when the collision is perfectly elastic. If $e < 1$ the angle comes out less than 90° . Snooker players rely on this result without ever deriving it.

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Every formula for revision day. Print this page alone.

WORK

$$W = F d \cos\theta$$

Scalar, unit joule.
Zero when force is at 90° .

VARIABLE FORCE

$$W = \text{area under } F\text{-}x \text{ graph}$$

Above axis positive,
below axis negative.

KINETIC ENERGY

$$K = \frac{1}{2}mv^2 = p^2/2m$$

Always positive.
Double v gives 4 times K .

WORK-ENERGY THEOREM

$$W(\text{net}) = \Delta K$$

Needs every force,
including friction.

POTENTIAL ENERGY

$$U = mgh \text{ (gravity)}$$

$U = \frac{1}{2}kx^2$ (spring)
Spring force $F = kx$.

CONSERVATIVE FORCE

Same work on any path.

Gravity and springs yes.
Friction no.

ENERGY CONSERVATION

$$K_i + U_i = K^f + U^f$$

Only without friction.
Else add $W(\text{friction})$.

FREE FALL & SPRING

$$v = \sqrt{(2gh)} \text{ from height } h$$

$\frac{1}{2}mv^2 = \frac{1}{2}kx^2$ at full
compression.

POWER

$$P = W/t = F \cdot v$$

Unit watt. 1 hp = 746 W.
kWh is ENERGY, not power.

COLLISIONS

**Momentum always
conserved.**

KE conserved only if elastic.
Equal masses swap velocity.

RESTITUTION

$$e = \text{separation} / \text{approach}$$

Rebound height = $e^2 h$
After n bounces $e^{n^2} h$.

INELASTIC LOSS

$$\Delta K = \frac{m_1 m_2 (u_1 - u_2)^2}{2(m_1 + m_2)}$$

Largest when they stick.
Momentum still conserved.



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